



Welcome 2024, there's so much more in store!!

Welcome to RefreshHER Ministries, where women in ministry can come together to embrace God's love for one another. This is one of the ministry departments under **My Whole Self Matters Ministries (ministry hub believing God for his children to be healed, healthy and whole)**. RefreshHER offers a sacred space where women in ministry and servant leaders gather every 2nd and 4th Friday of every month at 6:45 am EST. We meet via Zoom to worship/praise, cry out, pray, testify, edify/encourage, study, and refresh in the things of God.

RefreshHer's foundational scripture is; Matthew 11:28-30 TPT, we love to read, meditate, and meditate on this scripture in the MSG and NLT versions also. We believe in the power of coming together to seek God's face and to support one another in our ministerial-leadership spiritual journeys. By joining us, you will be part of a tribe that is passionate about following Jesus and growing deeper with God. We are a difference in the world by being a light in the darkness!

We are blessed by the OASIS that God has created for us. We bask in the refreshing as we walk this divine journey out and minister the gospel of Jesus Christ everywhere we go.

#RefreshHER #MWSM

Stay connected via our social media handles and email!

IG: [@MyWholeSelfMatters](https://www.instagram.com/MyWholeSelfMatters)

FB: <https://www.facebook.com/MWSMNOW/>

Email: mywholeselfmatters@gmail.com

Much Love,

Evg. Sheena Moton